

THE MANIFESTATION MINDSET

Open The Door To The Life You Deserve



**PATRICK
WEAVER**

Manifestation Mindset

Copyright © 2018 by Patrick Weaver Weaver Ministries All rights reserved. No part of this book may be reproduced or used in any manner without written permission of the publisher and author, Patrick Weaver, except for the use of quotations in a book review. For more information or permission requests, write or email to the publisher, to the publisher, addressed "Attention: Permissions Coordinator," at the address below.

Scriptures marked NIV are taken from the NEW INTERNATIONAL VERSION (NIV): Scripture taken from THE HOLY BIBLE, NEW INTERNATIONAL VERSION ©. Copyright© 1973, 1978, 1984, 2011 by Biblica, Inc.™. Used by permission of Zondervan.

Scriptures marked NLT are taken from the HOLY BIBLE, NEW LIVING TRANSLATION (NLT): Scriptures taken from the HOLY BIBLE, NEW LIVING TRANSLATION, Copyright© 1996, 2004, 2007 by Tyndale House Foundation. Used by permission of Tyndale House Publishers, Inc., Carol Stream, Illinois 60188. All rights reserved. Used by permission.

Scriptures marked NKJV are taken from the NEW KING JAMES VERSION (NKJV): Scripture taken from the NEW KING JAMES VERSION©. Copyright© 1982 by Thomas Nelson, Inc. Used by permission. All rights reserved.

FOURTH EDITION

Manifestation Mindset

Manifestation Mindset

Patrick Weaver

Manifestation Mindset

What Is Meant By The Manifestation Mindset?

The manifestation mindset is a phrase that has been around for many years. For some, it simply means that what you think about shows up in your life; for others, it means to meditate deeply to help us to reconcile, focus and reinforce our thoughts with God's word.

The Manifestation Mindset is those things and many more. Utilizing this principle means that you hold the secret to manifesting within to win – not so much by action steps alone, but by intentional focus, trust, and choosing which thoughts you want to fine-tune yourself on.

Manipulation of Energy

Did you ever see an old black-and-white television show where the magician can magically bend a spoon with his mind? Well, of course, that's not what manipulation of energy means in practical applications, but you get the idea.

We all have the power to manipulate our energy. Have you ever felt your energy drain in the midst of a struggle, challenge or battle? Then, after sometime, with the right focus and mindset, you begin to regain your energy and confidence.

That's manipulating energy. Whatever you think about most and with the most curiosity, emotion, and feeling, is what will affect your energy level

Fine Tuning Your Gratitude

Are you afraid of going to the dentist? Guess what; you might have just manifested a cavity. What you fear may show up more – or as the saying goes, what you resist, persists. If you want to fine-tune your gratitude, change your own channel.

Get yourself on a vibe of gratitude, love, trust, and faith and watch how things turn around. If you choose to keep your dial set to resentment, bitterness, and anger, you'll get experiences that resonate with your mindset. Fine-tune your gratitude channel for your best life.

Manifestation Mindset

Choosing Intentional Thoughts

Plenty of thoughts come in and out of our head each day. We get to choose which ones stay and which ones go. We get to choose prayers of thanks even for the hard lessons we needed to learn. We get to choose thoughts of love – love for someone who is in pain, or love rather than retaliation. We get to choose forgiveness so we can move past and learn to keep our hearts a bit more guarded.

When you choose thoughts of abundance, prosperity and gratitude, your faith and energy are in alignment to your thoughts. However, what about wrongful manifestations?

Have you ever focused on manifesting something to show up and it completely backfired or, worse yet, it manifested in someone else's life? Is there such a thing as wrongful manifestation?

Manifesting The Wrong Way: What Does Energy Have To Do With It?

Now that we have covered how energy works, you might ask what energy has to do with anything. The answer is that you can maneuver, if you will, energy to work in your favor. By being intentional about your energy, you can manipulate it to your advantage.

When does manipulation of energy backfire? Well, there are plenty of circumstances. When it comes to manifesting wrongfully, you need to be careful of the underlying subconscious thought behind what you desire to manifest.

If you go around acting positive, repeating positive affirmation mantras every morning and smiling broadly, but do not truly believe you have this power, then manifesting will backfire.

Manifestation Mindset

You are basically validating the proof that “this doesn't work – see, I told you so.” What you think, you become, and what you think will show up in your life. Wrongful manifestation can backfire in this situation. If you don't start at the subconscious level, your manifestation efforts will fail.

If you've ever had a wrongful manifestation, don't worry, because you are certainly not alone. You must start at the root level. Your subconscious mind runs the show. Once you truly understand this, you get that you have the power to either manifest with powerful results or to manifest wrongfully.

Pick an area in your life where you are not at all satisfied. Let's use relationship, for example. Are you in a relationship where you are not treated well enough? You may not realize this, but if you believe in your subconscious that you are not good enough, then this is what will show up in your tolerance, boundaries and commitment to doing what's best for you. This is a perfect example of wrongful manifestations. You certainly do not want to be treated as though you are not good enough; however, if your underlying subconscious belief is one of not good enough or even second best, this is what will (wrongfully) manifest into your life.

Another example is in the workplace. Do you believe that everybody gets a raise and everybody else gets praise or even a promotion while you sit there and go unnoticed? You could have an underlying story about how everyone else has it better – a “woe is me” type of underlying belief. This, again, is a perfect example of how you can unconsciously have an underlying belief that works against you instead of for you. It all begins at a subconscious level.

Manifestation Mindset

What Is a Positive Mindset and How Do We Feed It?

Once you grasp how important it is to get in touch with your subconscious mind, you can begin to do the work to change your subconscious thoughts. If you are seething underneath a positive affirmation, no matter how many times you say you are grateful, it will backfire and you will have produced, once again, wrongful manifestations.

What is a positive mindset and how do you manipulate it to match your subconscious thoughts? Once you have done the subconscious work, you can then move into alignment with any positive thought you wish.

A positive mindset is similar to a radio wave. You can choose any channel, genre, or type of music you want to hear. When you have your mindset set to a sappy, sad love station that only sings about heartbreak and loneliness, guess what? You will be sad, lonely, and heartbroken. You get to choose your level of energy and what mindset you will have. If you don't do work to keep your mindset on the right channel, you are wrongfully manifesting.

Of course, everyone feels sad from time to time and most of us will go through heartbreak at some point in a relationship. However, if you choose to keep your channel set on defeat, discouragement, or "woe is me," then you are manifesting a life equal to that mindset.

If you do not want to wrongfully manifest a "woe is me" life, then you have to change your mindset channel.

Does Positive Thinking Really Work?

Of course, it is better to be on a positive channel; however, if you are faking it until you make it, you may have more work to do. The first step to avoid wrongful manifestation is to get in touch with your subconscious stories. Your truth.

Manifestation Mindset

Next step is to look at the channel you're on. Where are you spending most of your time? Are you talking and declaring over and over again how bad things are, or how sad you are, or are you taking small action steps toward different goals?

Of course it pays to be more positive than negative. The key to avoiding falling into a false trap of wrongful manifestation is to take action steps in accordance with those positive thoughts. A fake and false positive thought is still a fake and false positive thought. The subconscious knows, your energy levels know, and you can tell the difference.

Rather than make up fake statements about how positive you feel, take some time and do the actual work and find everything you can to be positive and grateful for. It could be something as simple as having a pet cat to keep you company or as powerful as waking up another day and being given another chance.

Take the time to make a list and focus on all that is good and working in your life. That's the power of manipulating positive energy and positive thinking to your advantage in order to avoid wrongful manifestation.

Underlying Subconscious Beliefs

We all have stories from our childhood. No matter what really happened or how it happened, we all have ideas in our head about what it means. We might have been yelled at when, in reality, our older sibling was really the one causing trouble. We could translate this into thinking that the older sibling was the favorite. Do you see how easy it is to create false subconscious beliefs?

It's there in that place where subconscious beliefs begin and end with wrongful manifestations. Low self-esteem will recreate itself into our lives and show up in places and ways where we don't want them too – like careers and relationships. You might find yourself always second in command when it comes to these areas.

Manifestation Mindset

Make a list of areas or situations in your life that are not working now and begin to look and see where you have created an imaginary or illusionary situation out of one that is not a reality.

If you say that your older sibling is the favorite, then that is what will show up. You may now have children of your own and be honest – you do not have any real favorites, but you did have more time and attention for the first one as compared to the fourth child. It does not mean that you favor any one of them over the other; it simply means that you factually had more time for the first one rather than you did for the first.

You can make that into an allusion to them being the favorite, or you can look at the truth – like your own situation, your parents simply had more time and were younger with the first child than with the last.

Get in touch with those illusions and realize that you and only you are responsible for the narratives that weigh you down and drain you of the energy that your manifestation mindset, your faith and your gratitude so desperately need.

What's Missing In Manifestation?

Once you have gotten in touch with your underlying subconscious beliefs and spent some time exploring how to change the narrative, it is time to do the work. Using your underlying beliefs, begin to write down how you can recreate them, change your channel and watch your energy change as a result of manifestations of your best attitude and gratitude.

What's missing next is the power of action. There are action steps you need to take in order to move your manifesting along. One of the prime examples of wrongful manifestation is to just sit and think and take no action steps.

Manifestation Mindset

Make a Declaration

One of the best ways to correct a wrongful manifestation is to pay attention to what you are saying. When you say words like “can’t,” “never,” “won’t,” “don’t,” you are staying in a negative space of incorrect manifesting. When you use words like those, you basically deny yourself the hope, confidence and power God gave you. If you say you’ll never get a raise, or you won’t find the perfect partner, your manifesting is in agreement with those statements. Watch out for the words you use. The bible declares: “Death and life are in the power of the tongue, And those who love it will eat its fruit” (Proverbs 18:21).

Get into the habit of catching yourself when using negative words. Instead of saying something like, “I think I should,” recreate that into, “I will or I am going to.” Once you talk in a manner that matches positive forward action, you will move in a forward direction.

If you stay stuck in negative statements and words, you will manifest negative events and therefore, have negative manifestations. Listen to what the bible tells us: “Above all else, guard your heart, for everything you do flows from it” (Proverbs 4:23). In other words, our heart condition regulates what flows from us and manifests in our life.

Make a Promise Verbally

A classic example of a wrongful manifestation is one where you hold your thoughts inside your head. Once you recognize how your negative words and thoughts can impact your life, you can recreate those; however, it’s now important to move to the next step.

Make a declaration about who and what you want to be in this world and then make a promise to someone verbally. Once you make a promise verbally, it begins to take a life of its own. You have now put that out to the atmosphere. If you don’t keep your word, that declaration and verbal promise remains incomplete.

Manifestation Mindset

There is something about telling someone you are going to do something and then having to admit that you did not follow through. That verbal declaration serves as an accountability partner just as “writing vision and making it plain” (Habakkuk 2:2), does. For some reason, it makes you accountable on some level.

Another way to manifest correctly instead of incorrectly is to have an accountability partner. Manifesting without a partner in intention is wrongful manifestation. Your hopes, dreams and aspirations might just sit there like a car without fuel.

Meditate on It

One sure-fire way to manifest the wrong way is to leave your subconscious mind alone. It is not enough to uncover what is in your subconscious without recreating it. You must do the work to meditate on what you want to recreate.

Meditation really is an art. Manifesting without meditation does not work as fully and effectively as you would like it to. When you meditate, you train your brain to focus on the things you want to focus on. The bible tells us: “And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise” (Philippians 4:8).

In the beginning, meditation is difficult because your mind wants to fight it. If you give up right away, you are wrongfully manifesting because you haven't even gotten started out of the gate before you quit. Practice different modalities of meditation and find the one that is right for you. If you stick with meditation while focusing on what it is you want to manifest from the inside out, you will manifest on the outside quickly and easily.

Meditation takes practice, but if you stick with it, you will see better results. If you quit too soon, you will not manifest anything.

Manifestation Mindset

Feel Your Way Through It

One of the best ways to manifest is to include feeling into the equation, especially while meditating. When you meditate, focus on what you want to manifest on the inside. What fruit do you want to manifest: “But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law” (Galatians 5:22-23). Create it in your mind to show up as a positive experience. Take your time with it; breathe through the meditation exercises.

Begin to experience what it feels like to have that engagement ring, what it feels like to be on that vacation or to create that dream business. What are your core values? Feel the feelings in alignment with those core values. Are home and hearth most important to you, or is it education and career? Feel smart; feel connected to your purpose; feel cozy at home. Whatever it is you are trying to manifest, you need to feel your way through it by connecting faith, thoughts and attitude to it.

Without associating feelings with your manifesting attempts, you will fall short.

Visualize It

Once you have learned the art of manifesting with feeling, move on to manifesting through visualization. Manifesting with feeling combined with visualization makes the difference between successful visualization and manifesting that fails. Do you remember the blind man in the bible who Jesus touched? After the initial touch, the man said, “I see people; they look like trees walking around.” After hearing that the man’s vision was not what it should be, the bible tells us: “Once more Jesus put his hands on the man’s eyes. Then his eyes were opened, his sight was restored, and he saw everything clearly” (Mark 8:22-26). Sometimes, we do need a second touch to see things as God intended.

Manifestation Mindset

Do you remember when you were a kid and you would daydream? Just because you are an adult, does not mean you have to stop daydreaming. Of course, you do not want to do this in work time and when you are driving, but there are plenty of opportunities to manifest with visualization.

Start first thing in the morning and see where it leads you. Look at your Manifestation Journal and pay attention to the goals you've written down for the day. For some people, spiritual practices such as praying, meditating, and visualization are best in the morning, while others swear by it by night. Find what works for you.

Create a space where you can quietly and peacefully visualize. This could be a corner of your room or a spot on the couch in your den. Pick a time and place that works for you. If you are lucky enough to go home for lunch, choose that time. If you have to, get up 15 minutes earlier or clearly state to the family you are retreating to your bedroom for 30 minutes not to be disturbed.

Get comfortable, breathe through your meditation practices and begin to put yourself in the middle of a story. Create the story in color, feel the feelings of where you are at and what you want to manifest into your life.

Are you looking to create a speaking engagement? Visualize and feel the excitement of the room as they wait for you to come on stage. Visualize the room. How is it decorated? What kinds of materials and tools are in the room – a whiteboard, chairs, a podium? What are you wearing? Picture yourself in that blue dress or beige suit. What kinds of materials is the suit made of, what kind of shoes do you have on and what is the weather like outside?

If you are going to visualize, go for it and go big. If you want to stay stuck where you are, then you will play small when it comes to visualizing. Talk quietly under your breath if you need to when you first start to visualize, and then gradually learn how to picture what you want in your mind. Listen, you serve an awesome God your visualization should represent Whose you are: "However, as it is written: "What no eye has seen, what no ear has heard, and what no human mind has conceived" – the things God has prepared for those who love him" (1 Corinthians 2:9).

Manifestation Mindset

Your mind will want to take control of the story and the conversation. Make certain to gently guide your mind back to where it needs to go every time it wants to veer off to thinking about your food shopping list or your never-ending to-do list. Once you get the hang of it, it will surprise you how easily you can visualize with detail and incorporate feeling into the equation and how you can correctly manifest.

If you allow your mind to veer off and wander, you will not manifest correctly or effectively.

Be Happy About It

Once you have taken on the practices as above, it's time to be happy about what you have manifested. Remember, everything you do on the inside flows from you: "Above all else, guard your heart, for everything you do flows from it" (Proverbs 4:23). Now, it's important to remember not to worry while waiting for your manifestation to come true. It's also important to note that you need to be happy about what you are creating and practicing within right from your very own subconscious mind and efforts.

Your action steps along with your mindset will have you manifesting in no time. Once you have put strong feeling into your manifesting and paired it with faith, fruit, and powerful visualization, it's time to take a walk. You walk away from the outcome and the expectation and simply take on being happy: "I will bless the LORD at all times; his praise shall continually be in my mouth" (Psalm 34:1).

Be happy, be excited and wait with anticipation like a kid at Christmas for your newly manifested results to present themselves. Once you have connected the feeling of being happy with your newly manifested creation, practiced showing up each day with the mindset and attitude of gratitude, and are living your belief from the inside out, there is a freedom present: "Then you will know the truth, and the truth will set you free" (John 8:32). With freedom, you have created a space for the manifestation to enter. Without freedom, the door remains closed.

Manifestation Mindset

Unrealistic Expectations

If you want to avoid wrongful manifestations, it is imperative that you pay attention to your expectations. If you believe your manifestation will show up as precise and exact as you expect it to, you might have unrealistic expectations. Understand that sometimes things manifest in their own time and in their own way. Remember Jesus prayed, "Father, if You are willing, take this cup from Me. Yet not My will, but Yours be done" (Luke 22:42). Righteous manifestation leaves room for God's will to be done.

Even as you deal with your enemies and trying to manifest the right attitude and expectation, remember the bible tells us to leave room for God: "Do not take revenge, my dear friends, but leave room for God's wrath, for it is written: "It is mine to avenge; I will repay," says the Lord" (Romans 12:19).

Pay attention to the subtle signs. God can avenge you by blessing you in presence of your enemies. You may have manifested that new opportunity or new relationship, but it is showing up slightly different than you had expected. It might be a relationship with a best friend or co-worker that was there all along, but you just never realized it. If you suddenly receive an invitation to lunch or dinner and don't stop to take a second look, you may miss out on the manifestation and the signs. Pay attention to the small nuances.

You may have asked for a particular opportunity to present itself and it did. While it may not be exactly as you had planned, and you might even find yourself turning it down, an opportunity did present itself.

Expect your manifestation to come true, maybe not as you had envisioned or in the time you envisioned it or even with the person you envisioned it with, but expect it just the same.

Manifestation Mindset

Motivation and Manifesting

Maybe you are not manifesting as quickly as you'd like. Sometimes this is due to the fact that there is no real motivation involved. Motivation is the key to manifesting successfully.

Sometimes motivation comes from the most unusual sources. Motivation can come from a feeling or a need to compete and excel. It could even come from a bad breakup resulting in the need and desire to heal and to recreate yourself better than ever.

Once you find what motivates you, run with that and incorporate it into your manifesting. Motivation is the fuel for manifesting correctly. Boring, mundane manifesting will result in boring, mundane results: "Never be lacking in zeal, but keep your spiritual fervor, serving the Lord" (Romans 12:11).

Momentum and Manifesting

How many times in life – whether in business, goals, or even relationships – have you started out overzealously and wound up falling flat on the ground? Everyone does this, so do not worry. You are not alone on this one.

Once you have found what motivates you, keep a manifestation journal or a vision board and keep looking at that vision, picture or writing. This will keep your momentum going. Keep your motivation in your daily conversations – even if that conversation is with yourself! Yes, that's right. If you have to use affirmations to keep your momentum going, then do them.

Do not be afraid to write a present tense statement such as, "I am a successful entrepreneur," or "I am deeply loved by my life partner." If you begin to write, declare and speak in the present tense with positive associations, you will keep your momentum going.

Manifestation Mindset

Another key factor about momentum is to surround yourself with positive and supportive people. Do you want to wrongfully manifest? Then surround yourself with negative people who are toxic to you and your environment. That is a sure-fire way to wrongfully manifest and attract the exact opposite of what you seek and desire. The choice is yours.

Of course, there are people in your life that you have to associate with; however, you can keep them in your outer circle as much as possible. You might have to attend a meeting or you might have to have a family function with them, but you do not have to socialize with them outside of that.

You are also in control of how you react to them. You can keep your cool, not internalize and not be triggered – with practice. They are the way they are and that is that. It has nothing to do with you. Once you clear the energy of making them responsible for your life or cancel their power to control your channel, you clear the space and energy to manifest properly.

Non-Belief

There is an old saying that speaks about whether you believe you can or you believe you cannot. Either is true. Whatever you believe, is what will show up in your life. If you want to manifest in a way that backfires, then walk around not believing that you have any control over your life whatsoever: “And without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him” (Hebrews 11:6).

Do you go around blaming someone else for your own choices, and believe that everyone out there is responsible for your life, your boundaries, your happiness, your confidence? Then you have the perfect set-up for wrongful manifestations.

Manifestation Mindset

When you take responsibility for your life, your choices, and your actions, you take responsibility for what you manifest as well. If you believe you have the power to create the life you love, then you will, quite simply, create the life you love. If you believe that you cannot, this will come to fruition just the same. Either way, what you choose to believe is up to you and what will show up is the end result either way too.

Attachments

A classic example of wrongful manifestation is holding on to an attachment from the past that did not work out how you wanted or needed it to. If you are doing this, then you will not have created the space for new manifestations to arrive.

Clear out what you need to clear from your past and watch the magic happen. No matter how you have to view your past, it's time to recreate it. Take a list of what did not work. Recreate it into a more positive light by seeing it as a learning experience, which is what life really is all about anyway. Chalk it up to making you the strong and wonderful person you are and then let it go.

You cannot manifest positively if you are holding on to something negative in your life: "Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead" (Philippians 3:13).

Timeline

If you keep a journal, this is a great way to look back over your timelines. Did you know that something you manifested a year ago could very well be in your space now and you just have not made the connection yet?

If you look back at your journal, you can see the possibility that something you have manifested may have appeared in your present. Sometimes recognizing that things do not always manifest in the timeline you expect them to, is the power of acknowledging and thanking the manifestation itself: "Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus" (1 Thessalonians 5:18).

Manifestation Mindset

When you can see that you have in fact manifested an opportunity, a relationship, or some sort of blessing, but not in the time frame you wanted to, then you have an opening for the right manifesting.

Gratitude

Once you have recognized an area of your life where you have received a manifestation, even if it was completely off your timeline, acknowledge it for the blessing that it is. It might take a little time or some deep thought, but if you seek long enough you will recognize that at some point in your life you manifested just fine.

Be grateful for those manifestations and let them be like light bulb moments where you get to see exactly how and where you got to manifest something unexpected: "Giving thanks always for all things to God the Father in the name of our Lord Jesus Christ" (Ephesians 5:20). You probably had a successful manifestation because you set your intention and you let go and let God. You let faith do the work and you got out of the way.

When you become angry about not manifesting as fast as you wish, you create a space of blockage. When you are grateful for the times you did manifest, you create more room for even greater manifestations.

Watch Your Feelings

It is important to pay attention to the feelings you are manifesting with. If you are jealous, it will bounce back. If you want to manifest something either positive or negative and do so with jealousy, you might be manifesting in reverse. The blessing you are seeking might end up being sent to another party: "Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves" (Philippians 2:3).

Manifestation Mindset

If you manifest with woe, you may very well manifest what you seek but not in the way you want. When it comes to asking for things, make certain to ask specifically “for a good reason.” For example, if you want to manifest a million dollars, make sure to add “from my business” or “from my marketing skills.” Because if you leave out the end statement of “for a good reason,” you might manifest a slip and fall that lands you with an injury, and the end result is quite a bit of financial gain but with pain attached to it (you get the point).

Another example: if you ask for love, you could get hurt and need love and support. Ask for love from a significant other or life partner for a good reason or in a healthy manner. Make sure to ask specifically “for a good reason.” For example, if you want to manifest a loving relationship, make sure to add “that honors God’s covenant (Ephesians 5:21-33), through surrendered hearts and consistent behavior that reciprocates love, honor and respect.

Be Specific

If, again, you are not specific, what you are asking for may result in a polar opposite result. If you are asking for strength, you may receive painful things in your life until you learn to be strong. If you ask for healing, you may receive pain first before you heal. Asking for love without specifying something like a pure and healthy love in the form of a Godly mate whose fruit proves over time that they are sent from God, may manifest the love of a narcissistic or co-dependent personality type. When we’re looking for something specific, a knockoff won’t do.

The more specific you are, the more manifesting you can create with speed and clarity.

Manifestation Mindset

Give Money Away

You might be wondering what giving money away has to do with manifesting. Isn't the idea to hold on to money as much as you can? Well, giving money away is a way to create a flow of abundance. Abundance is a give and take method. It is not a way to hold on to money. If you hold on to money, you are wrongfully manifesting. You are essentially saying that there is not enough and there is a lack in your life and in the world of money.

Next time you are blessed by a minister, give back to show your gratitude and hope that others might be reached and blessed by the ministry as you have: "Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver" (2 Corinthians 9:7).

If you like, you can leave a penny or a quarter somewhere like on a park bench. Imagine the delight when someone finds that penny. Many people believe that a penny is a sign from above that a loved one is thinking of you. Imagine what a contribution you will have made to them: "A generous person will prosper; whoever refreshes others will be refreshed" (Proverbs 11:25)

Why not have someone feel that they have been blessed, and position yourself for God to prosper and refresh you? However, if you hold on to money, your efforts to manifest more will fall short. Remember the man in the bible who buried the talents? If you want God to bless you with overflow, watch what happens when you bless others.

Now this is not saying that you should give away all your money or be irresponsible with money. Of course, you want to save money and to be mindful and to cut coupons and go a little further to another store to save some more money; however, you want to be mindful of your giving. When you give, you receive and you stay in flow.

Manifestation Mindset

Hone In On Your Focus

Here is where it gets a bit tricky. When it comes to manifesting, you have to train your brain and this is where the hard work comes in. When it comes to training our brains, we want to run in the other direction because – and this is key – we truly believe that our brains run us and we do not have control over our brains. Our minds were created to serve us, we were not created to serve our minds.

We can choose our focus and we can choose how to use our energy. This requires skill and practice. The skill will not come without the practice. If you focus on the one thing that you lack, that is the one thing that will continue to stay away from you. If you have a mindset that a relationship will get in the way of getting things done, then you will keep a relationship away because you “are not ready” in the back of your subconscious mind.

If you worry about finances, you will create a cycle of things to worry about; however, if you trust that you will always be blessed and align that with the appropriate actions, you are walking the walk and talking the talk.

As humans, it is easy to focus on what we do not have and to continue to strive for what we want. Then one day we realize that everything was okay just as it was. It is okay to strive for more and to set goals, but when it comes to manifesting, if you are not grateful for what you do have, then what you do not have expands and becomes bigger.

Focus on Finances

When you look at your finances, do you get in a sour mood? Does balancing your checkbook make you want to cry? How do you view money? If you view money as something that is a chore or an energy sucker, then chances are that it will be.

Manifestation Mindset

Do you respect money and take care of it? Your relationship with money will impact your manifesting possibilities. Before you sit down and start manifesting, get serious about your stewardship over money: "His lord said to him, "Well done, good and faithful servant; you have been faithful over a few things, I will make you ruler over many things. Enter into the joy of your lord" (Matthew 25:23). Take some time to look at how much goes in and how much goes out. Where does the bulk of your money go to? How much do you give, save, invest?

Of course, this takes time and effort, but give up one weekend out and spend some time being intentionally focused on your finances. See if you can pay off a small credit card bill or balance transfer another. Do you need to take a weekend day job for a couple of months to achieve a goal? Once you have straightened out your finances, create a plan of action that works for you, and prioritizing maximizing your return on your money.

Some people use a budget on paper while others use online tools and apps. No matter what you choose, choose something to focus on your finances. From there, you have the space of nothing where you get to create and manifest more and more money. Without clearing out the clutter, you cannot manifest more abundance. Money does not buy happiness, money buys time and freedom do more of what you love to do for self and others.

Bring on The Romance

Not everyone wants to be in an intimate relationship. Some desire to be single and there's nothing wrong with that if that's your desire. For those who are you wondering where your prince or princess is? If you want the fastest way to manifest your Godly mate, then the best place to look is inside your own head and heart. Have you cleared away the clutter from your past or are you still holding on to past hurts, worries, and issues?

Take some time to purge your experiences from past relationships. If you need to meditate, pray or journal about it, or maybe seek the support of a therapist or coach until it is no longer with you, find what works for you. Take the time and be intentional about ridding yourself from the past when it comes to relationships and romance.

Manifestation Mindset

Once you have done the work, take time to just be you without any attachment to another human being. Just be yourself for a little while and let go of the expectation of having to be or do any one thing in particular. Once you step into who you really are, the right person will manifest with ease.

When it comes to manifesting your Godly mate, focus on being you and don't buy into or read all the articles that say in order to get a man you have to be confident or successful or not needy. Of course, you want to prepare yourself to be in a healthy space, but you want to allow yourself to just be for a little while. It's in that space of just being where you will manifest best. Ruth is our best example of this. Ruth wasn't looking for a man, Boaz or a husband, she was favored because of her attention and focus on herself, her priorities and her responsibilities. Sometimes, all we have to do to find who we want is to focus on just being and doing the best version of ourselves.

Have you ever heard someone say that they were just minding their own business when their life partner or mate came along? The quickest way of manifesting a mate is to live the life that you want someone to share with you. Do the things you love, heal from your past, and just be yourself and they will appear. Once the busyness of doing stops, then the romance can have room to grow and flourish.

Pay Attention to Goal Setting

Of course, goal setting is an important part of life. If you want to achieve your goals, then you have to be in action. However, have you ever noticed the things you set your mind to do and have achieved are not always as fulfilling as you thought they would be in the first place? Why is that?

Part of the reason is because goal setting, while wonderful to achieve dreams, is a powerfully strong action. The energy from goal setting might get you where you want to go, but you may not be exactly thrilled when you get there. It might show up differently than you had thought. However, on the other hand, when you combine goal setting with letting go of the outcome, you clear the space of having too much control.

Manifestation Mindset

What happens when you try to control something or someone too much? It or they wind up moving further away from you. Have you ever noticed that? It is the reason a rebellious teenager becomes more rebellious and a spouse or partner becomes more distant. The minute you try to control something is the minute it moves further away from you.

It's perfectly acceptable to set goals, but you will wrongfully manifest when you try to control the outcome too much – leave room for God. When you have too tight a grip, you lose your natural ability to stay in flow of things. It just makes sense for right manifesting to easily appear in your life.

Manifestation Mindset

Final Thoughts

When you want to manifest properly, it is important to look at what is not working for you in your life before you begin to see what does actually work. Once you clear away the clutter from wrongful manifesting, then you can open the space up for the right kind of manifesting to flow from you and into your life.

Be mindful of your actions. Do not allow goal setting to become so stringent that you do not make room for the flow of manifestation.

Be careful of asking for things without being specific and positive.

Keep the habit of meditating and visualizing while meditating.

Remember to incorporate good, positive feelings into your manifesting techniques.

Be sincere about your manifesting. Do not sit there rolling your eyes as if you do not believe it for a minute. What you think is what will appear in your manifesting.

Check in with your subconscious mind first before you do anything. Do you believe money is the root of all evil? Of course, the love of money is the root of all evil, but having money is not. Do you believe that a woman cannot survive without a man to provide for her? Do you fear intimacy because you were hurt too many times? Are you afraid to take responsibility for your own life and blame everything and everyone out there?

Be mindful of your words. The more positive, the better. Start with removing one small word per week that is negative and see where that leads you. Then begin adding words of gratitude into your daily routine.

Wake up with a heart full of gratitude. If something did not work out, just think to yourself that something better is on its way, that's all.

Manifestation Mindset

Remember you get to choose your thoughts and your words, and you get to match those with action steps in alignment with them. You are not going to say and think about how grateful you are while sitting in your house sulking. That is not alignment. Get out there and help someone else if you feel you are having a time of unhappiness. This will get you in the space of giving and receiving.

Use those positive feelings to create momentum and motivation. Surround yourself with people who uplift you. Let go of attachment to the outcome and believe in your heart that you can and will manifest a life you love – a life you have always dreamed of.

Be patient, practice your positive manifestation skills, and then wait and watch God use your story for His glory.

MANIFEST.



With every valley there's a mountaintop waiting for you. With every challenge, test and trial, there's a victory waiting. Challenge yourself to thrive amidst the chaos, in the valley, during the test or the trial. You have what it takes to do what God said you could do.

Patrick Weaver